

H125 ADVANCED TECH - RUNNING

	NEUTRAL				SUPPORT			PERFORMANCE		TRAIL			
	MIZUNO NEO VISTA	MIZUNO NEO ZEN	WAVE SKY 8	WAVE RIDER 28	WAVE HORIZON 8	WAVE INSPIRE 21	WAVE EQUATE 9	WAVE REBELLION PRO 3	WAVE REBELLION FLASH 2	WAVE MUJIN 10	WAVE DAICHI 9/GTX	WAVE RIDER TT 2	WAVE RIDER GTX 2
MODEL													
BEST FOR	DAILY TRAINING, LONG RUNS & TEMPO	DAILY TRAINING & TEMPO	DAILY TRAINING & LONG RUNS	DAILY TRAINING	DAILY TRAINING & LONG RUNS	DAILY TRAINING	DAILY TRAINING	TEMPO & RACE DAY	TEMPO & RACE DAY	TECHNICAL TRAIL	TECHNICAL TRAIL	LIGHT TRAIL	LIGHT TRAIL
EXPERIENCE	SWIFT	SWIFT	SOFT	BALANCED	SOFT	BALANCED	GROUNDING	FAST	FAST	SOFT	BALANCED	BALANCED	BALANCED
UPPER	SOFT KNIT UPPER	SOFT KNIT UPPER	SMOOTH STRETCH WOVEN	JACQUARD AIR MESH	SMOOTH STRETCH WOVEN	JACQUARD AIR MESH	AIR MESH	ENGINEERED MESH	ENGINEERED MESH	WOVEN UPPER	WOVEN UPPER	JACQUARD AIR MESH	JACQUARD AIR MESH GTX INVISIBLE FIT
KEY TECHNOLOGY	Glass-Fibre Infused Wave Plate Smooth Speed Assist (SSA) Geometry	Smooth Speed Assist (SSA) Geometry	Foam Wave Midsole Composition	Wave Plate Technology	Supportive Foam Wave Midsole Composition	Supportive Wave Plate Technology	Supportive Wave Plate Technology	Carbon Infused Wave Plate Smooth Speed Assist (SSA) Geometry	Glass-Fibre Infused Wave Plate Smooth Speed Assist (SSA) Geometry	Foam Wave Midsole Composition	Foam Wave Midsole Composition	Wave Plate Technology	Wave Plate Technology
MIDSOLE	MIZUNO ENERGY nxt 5° SSA angle for increased calf support during daily training	Nitrogen Infused MIZUNO ENERGY nxt 4° SSA angle for increased calf support during daily training	MIZUNO ENERGY nxt (top) MIZUNO ENERGY (bottom)	MIZUNO ENERGY (Midsole) MIZUNO ENERGY nxt (Heel Wedge)	MIZUNO ENERGY nxt (top) MIZUNO ENERGY (bottom)	MIZUNO ENERGY (Midsole) MIZUNO ENERGY nxt (Heel Wedge)	U4ic (Full Midsole) MIZUNO ENERGY (Heel Wedge)	MIZUNO ENERGY XP (Full Midsole) 11° SSA angle for increased calf support during fast training	MIZUNO ENERGY Lite+ (top) MIZUNO ENERGY (bottom) 5° SSA angle for increased calf support during fast training	MIZUNO ENERGY (top) U4ic (bottom)	MIZUNO ENERGY (Full midsole)	MIZUNO ENERGY (Midsole) MIZUNO ENERGY nxt (Heel Wedge)	MIZUNO ENERGY (Midsole) MIZUNO ENERGY nxt (Heel Wedge)
OUTSOLE	Bloom Rubber (algae-based material)	Blown Rubber	Blown Rubber / X10	Blown Rubber / X10	Blown Rubber / X10	Blown Rubber / X10	Blown Rubber / X10	G3	Blown Rubber / X10	Vibram Megagrip	Vibram Megagrip	Wgrip	Wgrip
STACK HEIGHT (OFFSET MM)	44.5/36.5 (8MM)	39.5/33.5 (6MM)	41/33 (8MM)	38.5/26.5 (12MM)	41/33 (8MM)	37.5/25.5 (12MM)	37/25 (12MM)	39.5/35.5 (4MM) (thickest part of Midsole 60mm)	35/34.5 (0.5MM) (thickest part of Midsole 47.5mm)	38/30 (8MM)	34/27.5 (6.5MM)	40/28 (12MM)	40/28 (12MM)
WEIGHT (G)	M:265 W:210	M:235 W:200	M:275 W:230	M:280 W:240	M:325 W:275	M:295 W:245	M:295 W:250	U:225	M:245 W:205	M:340 W:290	M:300 W:260	M:300 W:250	M:300 W:250
KEY POINTS	Super shoe - daily and workout option for any experience of runner	Daily and workout option for any experience of runner	Soft cushioning with a stable, neutral platform, orthotic friendly	Balanced cushioning with a stable, neutral platform, orthotic friendly	Soft cushioning with a wide, stable platform and medial support, orthotic friendly	Balanced cushioning and a wider, stable platform, with medial support	Daily runs	Race day shoe for Efficient runners	Training and race day option for an Intermediate/ Experienced runner	Highly cushioned for unpredictable and long Trails	Lightweight and versatile for moderately technical trails	Urban trail outsole, great hybrid shoe	Urban trail outsole, great travel shoe
RRP	\$320 AUD \$350 NZD	\$260 AUD \$290 NZD	\$280 AUD \$320 NZD	\$250 AUD \$280 NZD	\$290 AUD \$320 NZD	\$250 AUD \$280 NZD	\$200 AUD \$220 NZD	\$360 AUD \$400 NZD	\$280 AUD \$320 NZD	\$280 AUD \$310 NZD	\$250/\$300 AUD \$270/\$320 NZD	\$250 AUD \$280 NZD	\$300 AUD \$320 NZD